

Boys & Girls Clubs of the Tennessee Valley

**MEDICAL STATEMENT TO REQUEST
SPECIAL MEALS AND/OR ACCOMMODATIONS**

1. School or Agency	2. Site Name	3. Site Phone Number	
4. Name of Child or Participant		5. Age or Date of Birth	
6. Name of Parent or Guardian		7. Phone Number	
8. Check One: <input type="checkbox"/> Participant has a disability or a medical condition and requires a special meal or accommodation. (Refer to instructions on reverse side of this form). Schools and agencies participating in federal nutrition programs must comply with requests for special meals and any adaptive equipment. A licensed physician must sign this form. <input type="checkbox"/> Participant does not have a disability but is requesting a special meal or accommodation due to food intolerance(s) or other medical reasons. Food preferences are not an appropriate use of this form. Schools and agencies participating in federal nutrition programs are encouraged to accommodate reasonable requests. A licensed physician, physician's assistant, or nurse practitioner must sign this form.			
9. Disability or medical condition requiring a special meal or accommodation:			
10. If participant has a disability, provide a brief description of participant's major life activity affected by the disability:			
11. Diet prescription and/or accommodation: (please describe in detail to ensure proper implementation, use extra pages as needed):			
12. Foods to be Omitted and Substitutions: (please list specific foods to be omitted and suggested substitutions – you may attach a sheet with additional information as needed)			
Foods To Be Omitted		Suggested Substitutions	
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
13. Indicate texture for food accommodation:			
14. Adaptive Equipment:			
15. Signature of Preparer*	16. Printed Name	17. Phone Number	18. Date
19. Signature of Medical Authority*	20. Printed Name	21. Phone Number	22. Date

***Physician's signature is required for participants with a disability. For participants without a disability, a licensed physician, physician's assistant, or nurse practitioner must sign the form. Parent/legal guardian signature is acceptable for fluid milk substitution for a child with special medical or dietary needs other than a disability.**

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INSTRUCTIONS

1. School/Agency: Print the name of the school or agency that is providing the form to the parent.
2. Site: Print the name of the site where meals will be served (e.g., school site, child care center, community center, etc.)
3. Site Telephone Number: Print the telephone number of site where meal will be served. See #2.
4. Name of Participant: Print the name of the child or adult participant to whom the information pertains.
5. Age of Participant: Print the age of the participant and use Date of Birth.
6. Name of Parent or Guardian: Print the name of the person requesting the participant's medical statement.
7. Telephone Number: Print the telephone number of parent or guardian.
8. Check One: Check (-) a box to indicate whether participant has a disability or does not have a disability.
9. Disability or Medical Condition Requiring a Special Meal or Accommodation: Describe the medical condition that requires a special meal or accommodation (e.g., juvenile diabetes, allergy to peanuts, etc.)
10. If Participant has a Disability, provide a brief description of Participant's major life activity affected by the disability: Describe how physical or medical condition affects disability. For example: "Allergy to peanuts causes a life-threatening reaction"
11. Diet Prescription and/or Accommodation: Describe a specific diet or accommodation that has been prescribed by a physician, or describe diet modification requested for a non-disabling condition. For example: "All foods must be either in liquid or pureed form. Participant cannot consume any solid foods."
12. Indicate Texture: Check (/) a box to indicate the type of texture of food that is required. If the participant does not need any modification, check "Regular".
 - A. Foods to Be Omitted: List specific foods that must be omitted. For example, "exclude fluid milk."
 - B. Suggested Substitutions: List specific foods to include in the diet. For example, "calcium fortified juice".
14. Adaptive Equipment: Describe specific equipment required to assist the participant with dining. (Examples may include a sippy cup, a large handled spoon, wheel-chair accessible furniture, etc.)
15. Signature of Preparer: Signature of person completing form.
16. Printed Name: Print name of person completing form.
17. Telephone Number: Telephone number of person completing form.
18. Date: Date preparer signed form.
19. Signature of Medical Authority: Signature of authority requesting the accommodation
20. Printed Name: Print name of medical authority.
21. Telephone Number: Telephone number of medical authority.
22. Date: Date medical authority signed form.

The American with Disabilities Act Amendment Act defines a "disability," in part, as a physical or mental impairment that substantially limits a major life activity or major bodily function of an individual.

(For additional information on the definition of disability, please refer to Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act Amendments Act of 2008)

Information regarding the ADAAA, which expanded the definition of disability, can be found at: <http://www.Jaw.georgetown.edu/archiveada/documents/ComparisonofADAandADAAA.pdf>

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- **Medical Statements** - In order to claim a meal that does not conform to the regulatory meal pattern, there must be a medical reason or a special dietary need and a signed statement on file.
- **Disabilities** - If an institution is serving a child with a disability and that disability directly affects which foods the child can consume, the parent and/or guardian must submit a medical statement signed by a licensed physician. The medical statement must be kept on file, handled confidentially, and must describe:
 - The child's disability and an explanation of why the disability restricts the child's diet;
 - The major life activity affected by the disability;
 - The food or foods to be omitted from the child's diet, and
 - The appropriate substitutions
- **Special Dietary Needs** - If an institution is serving a child with special dietary needs (e.g., vegetarian), the parent and/or guardian may request substitutions by submitting a medical statement signed by a recognized medical authority, such as physician, physician assistant, nurse practitioner or other professional specified by the State agency, listing the foods to be omitted and appropriate substitutions.

Note: Milk substitutions that are made due to special dietary needs that are not a disability must be nutritionally equivalent to milk, even if accompanied by a medical statement. The institution can make such substitutions at its discretion.

Review Steps

- For meals claimed that do not conform to Program requirements, ensure there is an appropriate medical statement on file.
- Ensure milk substitutes for non-disabilities are nutritional equivalent to milk.

For additional information, see FNS Instruction 783-2 *Accommodating Children with Special Dietary Needs*, and CACFP 21-2011, *Child Nutrition Reauthorization 2010: Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions*, September 15, 2011.